

PATIENT STICKER



**Tameside and Glossop
Integrated Care**
NHS Foundation Trust

Care Plan for Dressing/Skin Management

Pre Dressing Change:

- Ensure the patient is comfortable and near a flat surface to lay out your dressing pack.
- Open dressing pack which includes your cleaning materials, gloves and apron. Tip items in tray onto sterile paper and fill tray with warm water.



Be sure not to touch the inside packaging without using your gloves to reduce risk of infection

Dressing change:

- Remove previous dressing and look at the wound – noting the look and size – does it look any better or worse? **If any deterioration, please contact the District Nurse.**
- Is there any odour or change in the fluid colour?



Signs of possible infection

- Redness to surrounding area
- Swelling
- Hot to touch
- Increase in pain
- Wound leaking fluid more than normal
- Fever
- Presence of pus – yellow or green on dressing change