



CARE PLAN FOR DRESSING CHANGE



(Clinician to select/delete as appropriate)

Wash your hands with pump soap if possible and dry with a clean towel or paper towel

Apply sterile gloves

Using gauze from your pack – clean the wound with warm tap water “one wipe per piece”

Cream with ..... and wash off with warm water

Spray/Wipe/Soak with .....

Apply the first layer of .....

Apply the top dressing for absorption/protection .....

Apply stockinette/stocking/blue or yellow line



How often should the dressing be changed? (circle as appropriate)



Mon BREAKFAST/LUNCH/TEA/BED

Tues BREAKFAST/LUNCH/TEA/BED

Wed BREAKFAST/LUNCH/TEA/BED

Thurs BREAKFAST/LUNCH/TEA/BED

Fri BREAKFAST/LUNCH/TEA/BED

Sat BREAKFAST/LUNCH/TEA/BED

Sun BREAKFAST/LUNCH/TEA/BED



REMEMBER!

You may be able to see fluid on top of the dressing (strikethrough), this means that the dressing is working corectly. If the dressing becomes more than 75% full or moisture can be felt outside of the dressing, it is time for a dressing change!

Print Name:

Signature:

Designation:

Date: