

TRAFFORD COUNCIL



Discharging of older people from acute hospitals

Stabilise and Make Safe - SAMS

In 2015 Trafford Council undertook a review of home care provision with a specific focus on process and delayed transfer of care (DtoC).

It was evident that in Trafford there was a significant delay in home care providers responding to requests by Council commissioners to provide multiple care visits for individual clients and that this was contributing to the significant number of DtoC. This situation sometimes meant that vulnerable older adults remained in a hospital bed unnecessarily.

In Dec 2015 a new service was introduced 'Stabilise & Make Safe' or 'SAMS'. This intervention is delivered by two external providers who focus on improving the physical and mental wellbeing of clients with a view to enhancing their ability to maintain their lives as independently as possible. Whilst the SAMS providers do meet the traditional homecare needs of clients in the service, the added value element of improving their wellbeing is delivering real improvements to clients' lives.

The criteria for SAMS eligibility is quite broad because there is nothing to be lost by trying the intervention. To date the results have been very positive with over 73% of clients completing the three week course regaining full independence. Not only is this a great result for those individuals who regain their independence, but the Council no longer has to finance ongoing care costs.

The service supports:-

- Reducing hospital length of stay, preventing the risk of infection and/or loss of skills.
- Promoting independence and building confidence.
- Responsiveness – within 1-3 days of referral to the service.
- More cost effective use of resources.

If you need more information or have any questions please contact the [Programme Office](#) and we will put you in touch with the relevant person.